

Be with me, Lord



Dearest sisters and brothers in Christ,

Feeling alone in the world is a condition of mind that we all feel from time and again. Being on one's own is quite different from being alone. What is it about "trouble" that exaggerates the feelings of being alone? It is the quest we all embark upon to be seen. Truly seen. The feeling of being seen, not just in our triumphs but also in our tribulations, holds profound significance. Each whisper of our hearts, each tear we shed, is a testament to our deep longing for connection and understanding.

Let us offer our vulnerability to our Lord. May we find ways to be with our Lord, be it in time of trouble or celebration. May we find strength in cultivating peace and become peace in the process. We seek comfort and solace, hoping for a guiding presence.

*"Be with me, Lord, when I am in trouble."
(Psalm 91:15b)*

May these words resonate within us. Let them be a reminder that there is a sanctuary within, where we are always accompanied by a profound love and unwavering support. The presence of the divine accompanies us in our darkest hours, offering light and hope.

When we face adversity, let us remember that we are never truly alone. Let our prayers be a bridge to transcend our isolation, bringing forth resilience and faith. **Amen.**